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Introduction

Why are we so tired? It seems as if we are worn out. A vast majority of people, not just Christians, are disgusted, discouraged and defeated. There must be a reason or reasons why. Some time ago the Lord gave me this title. For a long time I would just mention the title in my messages and the response would be very encouraging. But I really had not given the subject a whole lot of thought. Then it would come up more and more. So I finally decided that I would give it a shot. And here it is. I hope that you will find this attempt to bring some sort of balance to the body of Christ concerning spiritual warfare, and just plain everyday living, worthy of your time.

God bless you,

Randy Newberry

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The Warfare

David declared in 1 Samuel 17:47, *“And all this assembly shall know that the Lord saveth not with sword and spear: for the battle is the Lord’s, and he will give you into our hands.”* Of course, this particular battle is the epic battle of the Israelites and the Philistines. We know it as the story of David and Goliath, but it really was not just about David and Goliath. It is a graphic picture of the church. We see the Israelites on one mountain and the Philistines on another with a valley between them.

The Philistines would send out their champion named Goliath (whose name means splendor). He would challenge the Israelites every day for forty days. Forty is the number of temptation in scripture. Jesus was tempted forty days in the wilderness (Matthew 4:1). Every day the giant, Goliath, would issue a challenge to the Israelites to send out a man to fight against him. Whoever would win this fight, the other side would serve them. My first question is, why were they letting



In memory of the late author,

Randy Newberry

We are blessed if at least once in a lifetime we are able to touch greatness or to have it touch us. So it was with Randy, a traveler of greatness, who passed among us. Randy was a family man—husband, father, grandfather, brother, and a very dear friend. He was a man able to transcend all that was around him and move to a higher level, taking some with him, yet leaving the rest greatly moved and affected. Randy Newberry was a visionary who was able to see past the darkness and gaze at the pure light that few ever see. His passion was to help others. Therefore, he obeyed God’s call to write this book. We pray it helps every reader in the journey through life.

Travel on Randy, wherever you are faithful friend, we greatly miss you here, because now we must go on without you.

—*Bishop Gary Parson*
Redemption Life Ministries
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