

*With His stripes...I am healed!*

# *Diagnosis:* Divine Health

A journey  
of discovery,  
healing and  
restoration

*Diagnosis:*  
Divine Health

DIAGNOSIS: DIVINE HEALTH

A Journey of discovery, healing and restoration

by Kathleen Schubitz

Published by:

RPJ & COMPANY, INC.

Orlando, Florida

Web site: [RPJandco.com](http://RPJandco.com)

All rights reserved. No part of this book may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording, or by any information storage and retrieval system, without written permission from the author, except for the inclusion of brief quotations in a review. For information, please contact the author.

Copyright © 2020 by Kathleen Schubitz

Cover & Interior Design by Kathleen Schubitz

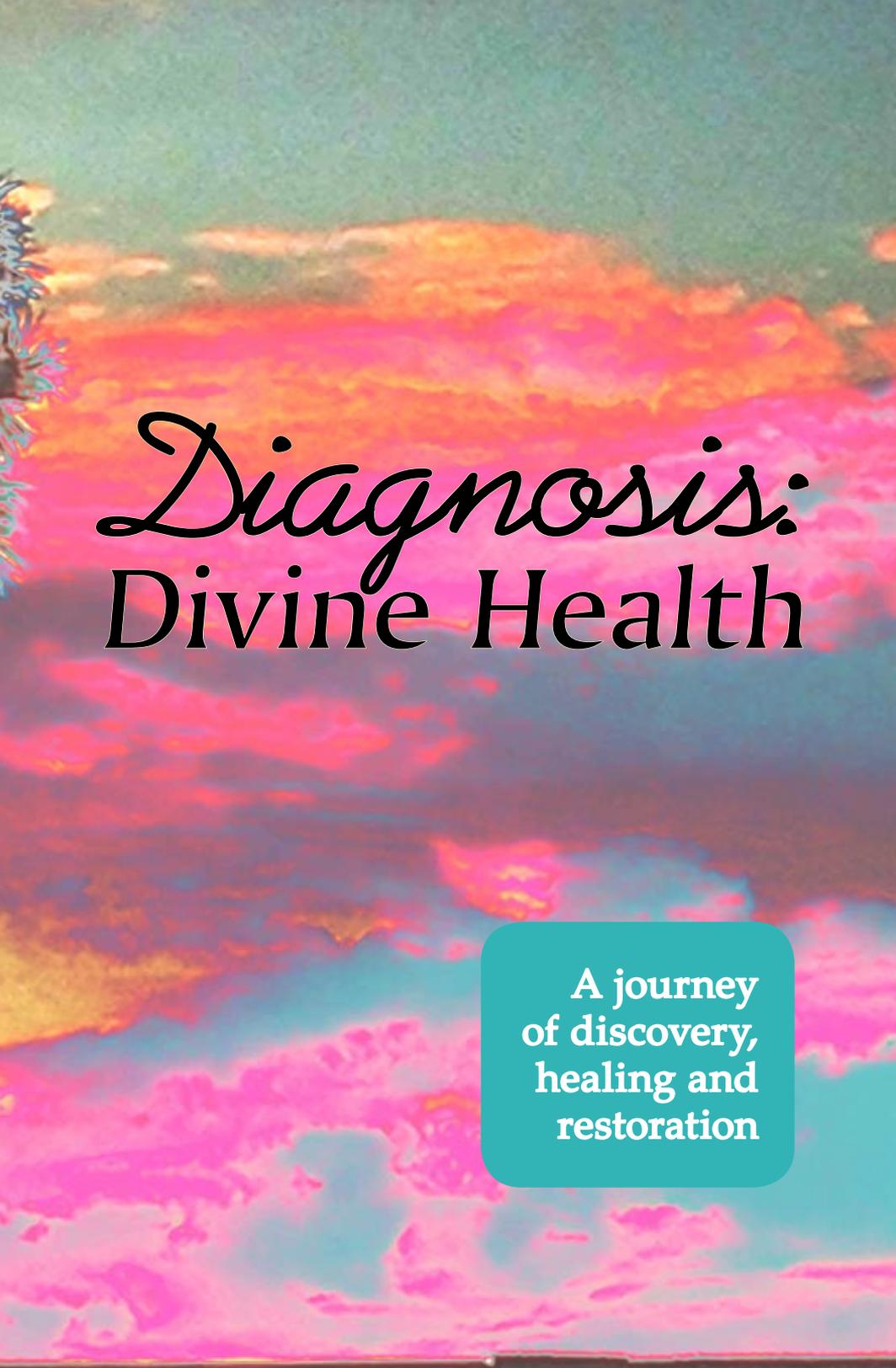
Cover Image: Sky at Springwood Village by Kathleen Schubitz.

Copyright 2020. All Rights Reserved.

Scripture verses from the King James Version of the Bible.  
Used by permission. All rights reserved.

Names of medical doctors and facilities have been omitted for  
privacy and protection.

Printed in the United States of America.



# *Diagnosis:* Divine Health

A journey  
of discovery,  
healing and  
restoration



Disclaimer:

I am not a physician.  
The Great Physician lives inside of me.  
This book is not intended to diagnose  
or treat. It simply offers information  
and suggestions from my personal  
experience and journey to healing.  
My hope is that it will encourage  
or offer help and hope to you  
or a loved one.



# Topics

Introduction	11
Mysterious Infection	13
Frozen Shoulder	13
Emergency Dental Visit	14
July 25, 2017	14
Unexplainable Knee Injury	15
Horrible Rash Breakout	15
Visit to a Medical Doctor	16
Unplanned Fender Bender	16
First Chiropractic Visit	16
Walking on one Leg	17
Acupuncture Visits	17
Severe Weight Loss	18
Answers from a Naturopath	18
I'm Freezing!	19
Pass the Salt, Please!	19
What Happened to my Memory?	20
Continued Treatment with Chiropractic	20
Source of Pain Discovered	20
Lost ROM	21
Revelation from the Lord	21
Itching Cease!	22
CST to the Rescue!	22
Calling for Lost Hair	23
Free from Poison!	23
Keep Singing!	23
Hospital Stay	24

<b>MORE SYMPTOMS DISCOVERED</b>	<b>25</b>
Impaired Kidneys	25
Fluoride Poisoning	25
Starving Thyroid	25
Weakened Immune System	26
Recurring Lymphatic Dive	26
Digestive System	26
Confused Tongue in 2019	27
Vitamin K-Producing Foods	28
Another Round of Prednisone	28
Cleared Negative Emotions	29
Napping No More!	29
More Insight in 2020	30
Continued Revelation	31
Finding More Answers	31
Feeding the Brain	31
Blood-Thinning Herbs	33
<b>MORE ABOUT THE ANTIBIOTIC</b>	<b>33</b>
A Miraculous Day of Transformation	36
I'm Walking Again!	38
Covid-19 Scare	38
Uncovered Truth	39
A Deeper Truth	41
Miracle #2 and #3 in 2020	43
<b>MORE ABOUT URIC ACID</b>	<b>44</b>
<b>MORE ABOUT ARTHRITIS</b>	<b>45</b>
<b>SUMMARY</b>	<b>49</b>
Prayers	51
More Inspirational Books	52
About the Author	57

*Diagnosis:*  
Divine Health



## INTRODUCTION

One little pill...is all it took. A drug that was leading to an early demise, caused major disabilities (mostly legs, hands, knees and feet), multiple organ failure, an inability to think, and depression for almost two years... without income and the ability to work... satan almost won! Mentally, I could not remember my friends to whom I could have called for prayer. No one knew the extent of my suffering and inability to function... but God!

Since I'm passionate about walking in divine health and desire to see other people do the same, these pages merely reveal my journey, discoveries and information specific to overcoming the harmful long-term side effects of a deadly drug, a type of fluoroquinolone. Something besides the drug harmed my body beyond belief.

Part of the manufacturer's warning to patients states, "Some of these side effects may not go away, and may lead to disability or death. Tendon problems can happen as long as several months after treatment."

The primary purpose of this booklet is to encourage others. Healing can occur through the methods of western medicine. However, my healing and redemption comes through believing God and His Word. Secondly, it is written to inform and educate others so they can avoid such tragedy and debilitating circumstances in life.

Satan attempts to steal, kill and destroy (John 10:10). God is the giver of life and wants to redeem and restore what the enemy does in his feeble attempts contrary to God's plan (James 1:17)...for us to walk in divine health.

To followers of Christ, I considered using "Rescued" or "Healing" in the title because God terminated the enemy's plan! However, due to the voice of one of God's prophets, she heard these words, *change the diagnosis*. The Holy Spirit revealed the current title of the book and therefore I trust that all those who need encouragement will find it within these pages.

Though I grew up in an alcoholic and negative environment, and continued this way long into adulthood, I confidently speak this truth: ***I am victorious in Christ Jesus!*** Some of my former battles include cancer, brain tumor, Alzheimer's, rape and many forms of abuse. God has delivered me from all of them!

With another victory under my belt, Lucifer is defeated yet again! My journey before and after Christ is filled with God's mercy and grace. This testimony of God's faithfulness is about my discovery of truth along with His healing and redeeming powers.

Three miracles took place in 2020. It is important to remember... ***Nothing is too hard for God!***

## **Mysterious Infection**

This battle story began in May 2017. During my work as a companion, I woke one morning with a red hot little finger...inflamed with infection, pain and the inability to use it. Fear of losing my finger prompted me to visit the Emergency Room. The doctor diagnosed my finger with a bacterial infection from a source unknown. A short time later, a friend referred me to a doctor she trusted. He prescribed another dose of the same medicines prescribed by ER. Filled through another pharmacy, it caused a breakout on my skin, which has permanently scarred a portion of skin. Since being delivered from prescription and street drugs from my past, I stopped consuming all drugs more than 25 years prior to this day.

## **Frozen Shoulder**

Hospitals tell patients to follow up with their primary doctor, so I relied upon a suggestion from a friend. Two to four weeks later, on the same side of my body, my shoulder appeared frozen with the inability to move it...the pain was excruciating. The new doctor prescribed a steroid. Movement to the shoulder resumed quickly upon consuming the steroid. Concern for its side effects remained in my mind. I've heard that people live on them while others avoid it and its addicting power like the plague. Research about steroids reveals the danger; I choose to avoid them.

## Emergency Dental Visit

One night in June, a short time following the first three drugs, a severe toothache began. A call to my dentist that night prompted a visit the next day. He took an x-ray of the area and scoped the inside of my mouth searching for a reason for the pain. He found none. While walking out, I had a sense that this pain came from the former prescriptions.

## July 25, 2017

An Emergency clinic close to home had reasonable rates. My finger infection had not yet cleared up. With a bit of anxiety remaining about my desire to keep the finger, I paid them a visit. The nurse practitioner was very kind and thorough. When I told her what had been prescribed twice, her mind immediately fixed itself on a man-made antibiotic called Cipro. "Ciprofloxacin" is the generic name. It cleared the infection in my little finger, but the worst was yet to come. The consumption of prescription drugs stopped more than 25 years prior to my ER visit in 2017.

Long into the journey I discovered every body system and joint had been severely affected, but three main systems in my body were hit the worst: Structural, Circulatory and Respiratory.

## **Unexplainable Knee Injury**

My work was intermittent and part-time when this occurred. While working with client number three in a wheelchair, my right knee began clicking. Unsure of the cause, I blamed it on maneuvering the client in her wheelchair and having to get it in and out of the car many times within a four-hour period. The next day it became inflamed and interfered with walking normally. It became necessary to give up the steady part-time job due to the pain my knee felt while standing and walking. Some days it became necessary to use a cane in order to walk. Other days required the use of a walker.

## **Horrible Rash Breakout**

Sometime in December my body began showing what appeared to be an allergic reaction to something. Rash and welts appeared on the front side of my body, excluding the middle section. It covered my arms, legs and neck/chest area. Was it caused by the drugs? Was it an overload of poison or toxins? Was it my kidneys trying to eliminate the poison? I was unsure and no one else (including doctors) had a clue! More than a year later, it appeared to be a drug reaction. It might be my kidneys!

Helpful Supplements: Natural anti-histamines, detoxifying herbs, blood purifiers, Burdock

### **Visit to a Medical Doctor**

My sole intention was to get a referral for my right knee to be examined. The doctor wrote a prescription for an MRI. The results were negative. The findings from the MRI revealed only a small bakers cyst. In my experience of seeking doctors or therapists who might have knowledge about Cipro and be able to help me have only proved fruitless.

### **Unplanned Fender Bender**

While driving on January 7, 2018, I rear-ended a car in a right turn lane on my way to work. My body felt somewhat tired and somehow I failed to see the car ahead of me. It allowed me to obtain natural treatment for any injuries to my body.

### **First Chiropractic Visit**

In the past, it always offered the best method of treatment and healing for my body. The therapist applied simple manipulation to my body along with light massage. All of this helped to open up the body for healing. After about five weeks of adjustments and light massage, my body appeared to attack itself. Life changed forever!

Again, I suspected drugs caused the pain. But with very little information about the prescribed drug and its effects on the body by natural healthcare providers, it seemed impossible to prove.

## **Walking on one Leg**

Around the midnight hour on February 16, 2018, I could barely get out of bed to use the restroom. As I stood at my bedside, pain in the foot or ankle prevented me from walking normally. My only option to get to the toilet was to drag the leg that was unable to function. It was scary! At that time of night, there was no one to call who could help me. Because I am in tune with my body, I first suspected drugs that caused the pain. However, I lacked proof.

The next day I spoke to some friends, asking for prayer. There was no doubt in my mind that God would heal my body. Friends suggested going to the Emergency Room to make sure the deadly flu running rampant that season could be ruled out. The nose swab tests were negative. The hospital sent me home without any drugs or suggestions for getting well.

Pain remedy: Yucca, Pain RX, Ibuprofen, pain fighting lotions

## **Acupuncture Visits**

Due to my inability to walk and barely stand, searching for a local acupuncturist proved helpful. His treatment brought relief. It seemed the only option to bring forth healing at the time. Then I found an acupuncturist who had slightly more knowledge about drugs and he charged

less than others in the same field. It seemed good and helpful. With a mysterious alternating hand infection on the journey, it seemed a good time to stop. I've since learned that the Lord is my best and first choice!

### **Severe Weight Loss**

Upon going to the doctors when my legs suffered with debilitating pain, the scale revealed how much weight my body lost from being poisoned and unable to function...more than 30 pounds! Of course, it made me happy, but the sudden drop remains a mystery to the doctors! I've since put weight back on during my healing journey.

### **Answers from a Naturopath**

The visit gave me hope. He found a toxin, Mycoplasma, that had reached the cellular level within my body. As I recall, he determined the toxin to have invaded the fat soluble cells. He then converted the fat soluble cells to water soluble cells and told me to consume water and lots of liquids.

Pain in the right knee and ankle prevented me from walking. The pain immobilized my body! So I returned the next day to find out what to do for pain without any answers or solutions. Finding natural solutions for pain was expensive, frustrating and exhausting!

Upon returning to the naturopath another day, he confirmed that the deadly drug produced the

toxin that invaded my body. More than two years later, I discovered cellular abnormalities (blood cancer) through the need for a specific herb.

### **I'm Freezing!**

My body temperature would swing from low to high. It was necessary for me to wear winter clothing in very warm temperatures for several months. Every night, I would wake up drenched around the face and neck. Temperatures reached nearly 104 degrees for several days in its attempt to fight the mysterious infection or infirmity.

Helpful Supplements: Infection-fighting herbs such as Garlic, Vitamin C, and Vitamin A & D  
Food: Garlic, Pomegranates and/or juice

### **Pass the Salt, Please!**

Sodium levels dropped to dangerous levels. Lethargy, confusion, drowsiness and the inability to sleep are symptoms for which my body suffered. Low sodium also leads to kidney failure, heart failure and cirrhosis of the liver. It can also cause muscle weakness, nausea and vomiting. Though I drank lots of fluids despite the horrendous pain in my throat, my kidneys failed to excrete properly.

Helpful Supplements: Alfalfa for sodium and potassium, brain-improving products, kidney drainage products, detox products, liver cleanses, adrenal and thyroid gland products  
Foods: Walnuts, Organic Sea salt, Celery

### **What Happened to my Memory?**

Friends often comment on my great memory. While working as a companion with a 93-year-old dementia client, she had better recall of names and events than I did. It gave me concern, but professing to have a sound mind in Christ Jesus became absolutely essential!

Helpful Supplements: Fish oils

Foods: Hemp hearts and Hemp oil, Coconut oil, Walnuts, foods containing Omega 3s

### **Continued Treatment with Chiropractic**

My body was different. Treatment needed to change, but what could they do to help me? They were unfamiliar with the damaging effects of the life-changing drug. The long journey continued. Too many symptoms and constant change made doctors want to label me with an auto immune disease. The answers were inside of me. My journey with the Lord's help continued!

### **Source of Pain Discovered**

Suffering for four months while working seemed unending. Finally, a special person in the natural healthcare field offered to help. Having a live blood cell analysis revealed uric acid in my blood. For those who are unfamiliar with uric acid, it leads to gout. It creates crystals in the blood. It causes pain when kidneys fail to

excrete uric acid through urination. Following consumption of a natural product, random pain almost immediately ceased! Praise God for an answer! Whenever uric acid pains a joint, adding a supplement for a day or two remedies the situation.

Helpful Supplements: Safflower, Tart Cherry  
Foods: Cherries and cherry juice,  
Apple Cider Vinegar

### **Lost ROM**

The pain and inability to use my hands left me completely disabled, useless and hopeless. The pain lessened with less uric acid, but returning health to these necessary body parts remains a challenge. I've often said to others, if I could only walk on my hands, they'd be much better.

### **Revelation from the Lord**

While working early in the year, He reminded me that my body suffered from poison. My experience of being poisoned by food so much in the past, my mind automatically remembered herbal remedies. Upon arriving home that day, I began taking the product to remove the drug poisoning from my body. My healthcare friend suggested taking two products together to avoid the constipating effects on the body.

Helpful Supplements: Charcoal and Magnesium

### **Itching Cease!**

After the first of the year following Cipro, the rash started itching. When the itching first began, I used the Cortisone crème, but stopped after realizing it, too, was poisoning my body. The endless scratching drove me and others crazy.

Helpful Supplement: Natural antihistamines

Possible causes can include internal diseases, allergic reactions, nerve disorders and drugs. For me, I blame it on the drugs. Kidney and liver disease can also produce the same. My lymphatic system was clogged due to the inability to move and perform daily activities. Lymphatic massage, dry skin brushing and Cranial sacral therapy offered relief while taking herbs to support the kidneys and liver.

Helpful Supplements: Kidney draining products, liver cleanses, lymph gland cleanses, Black walnut

Foods: Warm foods and liquids, Aloe vera

### **CST to the Rescue!**

As I began this gentle treatment of cranial sacral therapy, my body could only handle 30 minute sessions. The therapist worked with me and we both prayed about what the Lord wanted her to focus on during each session. My body began coming back to life again after being stagnant or rather had shut down from the deadly condition.

The tightness in the backs of my knees quickly improved. Ulna nerves that affect the use of hands began changing and improving.

### **Calling for Lost Hair**

As life in my body underwent restoration through herbs and prayer, something (probably a drug or drugs) caused my hair to fall out every time I touched it! This occurred eight months after finishing the antibiotic. Because I refused to go bald, my search for natural products began. Another NSAID prescription caused the same problem.

Shampoo: Biotin

Helpful Supplements: Horsetail and Biotin

### **Free from Poison!**

On September 16, 2018, The Reverend Ric Wright prayed and commanded the poisonous drug out of my body. Praise the Lord! It can no longer cause further damage in my body. The 8 month long rash that appeared every day all over my body has lessened significantly.

### **Keep Singing!**

Singing at home never bothered my respiratory system. After singing in church during a revival service, I woke up the next morning with pain in my lungs. The minister prayed as the Lord led; the enemy attempted to bring fear. With a little

more research about the respiratory system, the trachea is the windpipe and connects to the voice box within the body. Its vital function is to provide airflow which felt as if it had been weakened. Initially I thought not singing for a long time caused the weakness.

Helpful Supplements: Lung-supporting herbs and more singing

### **Hospital Stay**

At the end of May 2019 my left knee felt as if someone were ripping it apart. My body became 95% disabled for no known reason. After suffering for a week with the inability to function, I carefully and prayerfully drove to a local and affordable clinic for blood work on June 7, 2019. On a Sunday, just a couple days later, the nurse practitioner called and ordered me to the hospital STAT because the blood work revealed higher than normal levels of white blood cells, as if my body were fighting a serious infection.

My stay lasted 11 days. Doctors performed so many tests to find infection, but they found none! They simply diagnosed me with many auto-immune diseases, none of which could be confirmed in the hospital. I'm grateful for everything the tests ruled out, but diagnoses included: Osteoarthritis, Rheumatoid arthritis, Polymyalgia Rheumatica and Lupus.

## MORE SYMPTOMS DISCOVERED

### **Impaired Kidneys**

In my attempts to consume liquids as much as possible, my kidneys still failed to function in healthy ways. Supplements were taken to support the kidneys. Relief only came when the body started to respond to cranial sacral therapy.

Helpful Supplements: Kidney drainage,  
Celery, Asparagus  
Foods: Warm soups, broth, celery,  
watermelon, asparagus

I've enjoyed the benefits and juicing of both celery and watermelon, not together. Asparagus was made into soup. They're all quite tasty!

### **Fluoride Poisoning**

Due to a compromised immune system, fluoride is found to be similar to some drug side effects. Activated charcoal worked to destroy that poison as well. Fluoride is found in toothpaste and water. The body is more sensitive to this type of poisoning following the side effects caused by the life-changing drug.

### **Starving Thyroid**

Normal functioning dropped to almost half of normal. It's no wonder my body lacked energy!

Helpful Supplements: Kelp and thyroid supporting herbs  
Food spice: Dulce

### **Weakened Immune System**

The body is more susceptible to infections, viruses and flu or any infirmity when the immune system becomes weak. Auto-immune diseases present on-going challenges.

Helpful Supplements: Garlic, Immune stimulating products, Colostrum, Vitamin C

### **Recurring Lymphatic Dive**

The all-important lymphatic system works 24/7 to pump out toxins, but every time I prayed and the Lord returned normal functioning at 100%, something caused it to fail. A healthy lymphatic system is necessary for healthy digestion and elimination.

Helpful Supplements: Pink Grapefruit oil, Lemongrass oil, Lymphatic supportive products  
Foods: Grapefruit, cherries, pomegranate, cranberries and beets

### **Digestive System**

My intestinal system lacked Probiotics (good bacteria) to help keep the body healthy. Prebiotics stimulate growth of healthy bacteria. A variety of foods aid the body in this process. Specifics can be found on the internet.

Helpful Supplements: Probiotics, Prebiotics, Whole leaf Aloe, Bromelain, Dandelion  
Foods: Pineapple, apple, papaya, pickles, asparagus and Dandelion greens

Inflammation is a prominent cause of pain. It is best to avoid sugars and carbohydrates, but eliminating them from my diet is difficult for me.

Helpful Supplements: MSM, Curcumin, Turmeric, Anti-inflammatory products, ginger, enzyme products  
Foods: Cherries, cherry juice, olives, broccoli, fish, ginger, pineapple, beets, salmon, pickles

All the acute symptoms that came without injury, just out of the blue at the end of May 2019, landed me in the hospital for 11 days, disappeared in less than eight months! No more medication and no more disabling pain on a daily basis! God set me free!

### **Confused Tongue in 2019**

Knowing that a part of the brain controls our speech, instinctively I knew something plagued my brain. My thoughts honed in on blood clots causing the trouble. When I addressed this important issue with my doctor, he refused to send me for testing or refer me to a specialist.

Needless to say, my research continued and treating myself naturally seemed the only option to improve my brain. Very late in the year, research and discovery revealed that symptoms of speaking words incorrectly is a sign of early Alzheimer's.

### **Vitamin K-Producing Foods**

As my diet included lots of Vitamin K (broccoli, kale, spinach, cabbage, collard greens, lettuce, leafy greens, chard, cauliflower and more), I remembered from working with seniors on drugs that they also coagulate the blood. In other words, they form clots in healthy blood. Though Vitamin K plays a vital role in the body's bone and heart health, beware of eating too many or eating them often. Another source of Vitamin K is Alfalfa. Though it serves as a perfect balance of potassium and sodium when the body is out of balance, it can also contribute to blood clotting.

For people who love fruit, here is a list of fruits high in Vitamin K found through a google search: Prunes, kiwi, avocado, blackberries, blueberries, pomegranate, figs and dried tomatoes.

### **Another Round of Prednisone**

Following another round of prednisone for pain, my white blood cell count rose again. The Rheumatologist sent me to the hospital.

The harmful side effects for me were weight gain, increasing my body's risk for fracture, eating too often and raising the white blood cell count. So many doctors refused to look at other causes, in or out of the hospital. Additionally, continual use can lead to diabetes that may lead to amputation, blindness, death or other maladies. My body's blood work revealed that it had become borderline diabetic (*a temporary and often incorrect diagnosis*).

### **Cleared Negative Emotions**

One of my friends working in a health food store told me about a simple method of clearing the body of negativity. Since it could have hindered my healing and with my background, it seemed relevant enough to check it out. Through an internet search, I found helpful information. Needless to say, it took me more than a month of clearing bad emotions before my body felt better. My overall health improved!

### **Napping No More!**

Late in the year someone introduced me to a new product, oxygenated water. With eager anticipation of feeling more energized but a bit skeptical, I bought a bottle. After one week, napping or feeling so fatigued every day is now in the past!

### More Insight in 2020

Naturally, after a month or more of not consuming harmful drugs, the Lord revealed more truth to me about my body and conditions.

Since consuming the antibiotic to clear an infection, my body sustained symptoms of Hypercoagulability (a thickening of the blood which causes blood clots), a lung disease called Dyspnea (shortness of breath), Ascites, known to be fluid in the abdomen, most commonly related to a liver disease. Ascites is also known to cause unexplained weight gain.

The other issue is kidney impairment, diagnosis unknown. The malfunctioning of the kidneys can also cause itching, red rash and dry skin. My doctor at that time denied my request for a referral to a Nephrologist (kidney specialist). The blood tests revealed normal kidney functioning. What is normal?

Everyone I spoke to about kidneys, told me the same thing...drink more water! Too much water with a compromised liver causes swelling in the stomach. Since I lessened my water intake, my stomach felt better, but what about my kidneys and the need for more water? The liver issue remained a while longer.

## **Continued Revelation**

Another new doctor's office called to tell me that my white blood cell count had risen again. This time, as it was the first time in June 2019, the cause was something other than Prednisone. Research reveals that it can be caused by a kidney disease.

Additionally, she recommended exercise and changing my diet because blood tests revealed high cholesterol and triglycerides. Again, research revealed that cholesterol rises when a liver disease is present within the body.

Here is a note about exercising. If my body is free of pain, exercise is planned and releasing endorphins makes me feel good. Then I'm bombarded with debilitating pain. It's a "catch 22" syndrome to me!

## **Finding More Answers**

In addition to other causes, personal research reveals that blood clots form in the body with thickened blood, long term inflammation and the consumption of deadly antibiotics.

## **Feeding the Brain**

While thinking about my brain and battle with Alzheimer's, my mind wondered about Omega 3. Previously I wrote that Super Omega 3 serves as

a supplement that helps, but I failed to take it on a regular basis. My Omega 3s became depleted!

With Omega 3s, DHA, and other brain-improving herbs, along with dietary changes, my brain continued to improve until February 16, 2020 and my body feels better. In addition to the products, foods are available to help. High Omega 3s are found in the following foods (organic is best):

Peanut butter	Almonds
Almond butter	Sesame butter
Safflower oil	Mackerel
Tuna	Salmon
Herring	Avocado
Sardines	Hemp hearts/oil
Flaxseed	Walnuts
Chia seed	Coconut flakes/oil

The list above is abbreviated. There are certainly more foods. The Internet is a wonderful resource. The benefits of consuming Omega 3s will benefit both our cognitive functioning and heart health. It also helps eye health for those suffering from dry eye. It feeds our joints and offers other health benefits too.

Though Omega 3 can assist the body with a better nights' sleep and brain functioning, foods are best taken early in the day to burn the fat they produce. Supplements are best taken with meals.

## **Blood-Thinning Herbs**

Another discovery made is the benefit of consuming **Turmeric, Ginger and Cinnamon**. These three herbs, along with **Vitamin E, Garlic Cayenne pepper, Grape seed extract and Almonds** will help to thin the blood.

## **MORE ABOUT THE ANTIBIOTIC**

So many people I know told me how the drug helped them without any adverse side effects. Due to my own experience, I sincerely doubt that people do not suffer, even if they are unaware. The drug aims to disable a human body or cause death. It affects all 360 joints within the body. The man-made antibiotic changes one's DNA, digestive and eliminative systems. Additionally, it is known to weaken connective tissue, ligaments and tendons within the body. It also destroys eyesight and brain cells through poor gut health.

For me, the deadly prescription targeted three systems: Respiratory, Structural and Circulatory, but managed to shut my body down to near death. It took me quite awhile to uncover truth and find supplements and foods that would assist me on my journey.

We must be wise and careful about putting harmful antibiotics or medications inside our bodies without first reading the potential side effects. No one should have to suffer disabling or deadly long term effects.

Though there were too many supplements used on my journey back to divine health, I've listed the main ones below.

### Helpful Supplements:

MSM

Joint supportive herbs

Eye-boosting products

Brain promoting products

Omega 3s

Blood cleansing products

Probiotics and prebiotics

Tendon and ligament supplements

Minerals

Collagen

Celery - food or herbs

Below is a list of recently-discovered products for gouty arthritis:

Alfalfa

Safflower

Milk Thistle

Cherry

Devil's Claw

Dandelion

Celery

Activities of daily living I can do again:

Shampoo or comb hair  
Minimally fix my hair  
Use finger to push on aerosol cans  
Bathe (shower only)  
Drive, turn key, fasten seat belt, apply brakes  
Cut vegetables  
Open and close cans, jars, resealable bags,  
bottles and plastic containers  
Walking with minimal knee pain  
Sitting and standing  
Change clothes  
Brush and floss teeth  
Open doors and drawers  
Apply deodorant, wash face and body  
Change bed sheets  
Lifting (lightweight items)  
Wash cups, dishes, pots/pans; dry hands  
Cover myself in bed  
Turn stove knobs on/off  
Remove tape from rolls  
Hold a broom; vacuum carpet or sweep floors

Keep in mind, that the many tasks improving every day with less pain throughout my journey produce mild or no pain, but every day my body becomes healthier and stronger!

My prayer is for Jesus, who paid the price, to eradicate all source of pain and restore my body to divine health in Jesus' name! (Is 53:5)

## A Miraculous Day of Transformation

At the beginning of the year I realized that the organs in my body were only functioning at about 10%, probably since the time I consumed the life-changing drug. God's miracle-working power sustained me. When my brain remembered, I relied on prayer from others and myself. Herbs were used to help me function, minimally.

Early in February of 2020, I discerned that temporary relief through prayer and herbs could not produce a permanent solution to my suffering. Things had to change. So I had a little talk with Jesus, shared the findings with my pastor and on **February 16** God transformed my body... without herbs, without medication and without prayer!

Allow me to clarify the words, "without prayer". I had been praying from Charles Capps' little book on healing. It was a great encouragement and I saw results, but they were only temporary. God wanted to prove Himself to me. He healed my body so I could testify to Him and give Him all the glory!

All my self-diagnosed discoveries were eradicated in a single moment! It would have been wonderful for doctors to figure things out before my body's transformation, but one touch by God's mighty power is surely good enough for me!

On this special day in February 2020, after more than two years of suffering with what felt like permanent disabilities that prevented me from walking and maladies that would have eventually caused premature death, He set me free from the following:

**Drug induced lupus** that shut organs down to 10% functioning for about 2 years

**Gouty arthritis** in feet and ankles for more than 2 years – produced by too much uric acid

**Ascites** - liver disease that raises cholesterol and causes fluid retention in stomach and unexplained weight gain. Numbers dropped more than 60 points upon God's healing touch.

**Kidney disease** caused by too much uric acid that produced debilitating pain.

**Dyspnea** - shortness of breath

**Hypercoagulability** (blood clots) - thickening of blood; worsened by vitamin K - caused Alzheimer's symptoms (speech)

**Osteopenia** – high risk for fracture. Significant decline. A future dexascan will confirm.

Two types of arthritis: **Rheumatoid arthritis** and **Osteoarthritis**

**Polymyalgia Rheumatica** - Inflammatory disorder

Every malady I discovered and discussed with the Lord through prayer disappeared in an instant! He set me free and probably did more than I even knew. He is so good that way!

### **I'm Walking Again!**

Early March, after the Pandemic began, my body endured more walking without the use of a cane or walker. One knee at a time felt mild pain on some days, but I continued then as I do today, believing that I'm building strength after years of non-use. Since that time I've been able to walk between 3 and 7 miles each day without debilitating effects that once shut my body down for days!

If He did it for me, He can do it for you!

As I eagerly awaited even more manifested healing I became aware of other forms of arthritis... gouty, poly, fungal and lyme. Keep in mind, they are not mine to own. I refuse to take possession of infirmities or pain; Jesus died for all sin, sickness and pain. He paid the price for all of His children to walk in divine health!

### **Covid-19 Scare**

June 5, 2020 I woke with severe pain in my lungs that prevented me from lying down or breathing normally. It resulted in another trip to the Emergency Room.

The hospital quarantined me and treated me for Covid-19. Though I refused many drugs due to the devastating side effects, my body still suffered with pain after discharge. I recall the doctors telling me I had a collapsed lung but offered no remedy for this issue.

The collapsed lung and previously experienced pain have significantly lessened through parasite cleansing. No more collapsed lungs!

### **Uncovered Truth**

Parasites came to mind while resting about four weeks following the last hospital stay. Pain in one knee emerged and kept worsening without activity. I googled parasites causing joint pain. The search revealed an astounding YES!

Since medical training does not include parasitology, doctors were unable to sufficiently test and diagnose my condition. Infectious Disease specialists refused to accept that parasites were the problem simply due to my not traveling out of the country.

Parasites are not a third world country infirmity. They come through water, food, animals and obviously through prescription use. Parasites mimic many diseases and the toxins produced by them cause trouble as well.

In my knowledge and experience with parasites, I knew to begin a regimen of killing and purging. The first round of cleansing, after about three weeks, produced wonderful results. Taking time to rest from cleansing was necessary until I felt ready for another round of eradicating and purging. Natural remedies were and will always be my first choice.

Diagnosing myself produces the best results for me. My persevering spirit seeks truth, God and searching the internet. The root cause of most infirmities my body suffered included Alzheimer's disease, blood clots, disabling pain, arthritis-like pain and cellular abnormalities... all caused by parasites and harmful bacteria.

Additionally, my search revealed many types of arthritis are caused by parasitic and/or bacterial infections. Throughout my journey it seems to respond well with the use of bacteria-fighting oils.

To summarize, parasites interfered with proper brain function and caused severe disability to my body. They had a perfect human host in which to live by the drug that changed my gut health. Though it took a long time to uncover the root cause, the truth about Cipro, parasites and bacteria, I am on the journey of divine health once again!

Products used to eradicate parasites and toxins: Diatomaceous Earth (food grade), Bentonite clay, Oil of Oregano, Artemisia Combination, bowel stimulants, Dandelion, Probiotics, fresh garlic.

\* \* \* \* \*

### **A Deeper Truth**

As my body and health continue to improve, I learned that the human body has more than 200 different types of cells within. According to the first naturopath I found about six months following drug consumption, the drug reached the cellular level (blood) inside my body. With continued research I discovered my blood had abnormal cells caused by either the drug or parasites.

Near the end of 2020, I spoke with one local alternative doctor briefly who told me that bacteria or viruses are found in parasite-infested people. Though I initially refused to believe him, I now do!

In addition to praying and thanking God for restoring my body to Divine Health, I continue to do my part to expedite the healing journey. Using herbs and natural remedies helps me feel better and helps my body grow stronger every day!

Oil of Oregano is a powerful blend that works to destroy bacteria, viruses and parasites. I now focus on strengthening my immune system along with parasite-purging foods, bacteria-destroying foods and herbal products.

My regimen includes Colostrum which improves gut health and the body's immune system. Garlic kills parasites and is a natural antibiotic. Both products offer super benefits.

**Miracle #2 in 2020:** On September 21 I woke and discovered God's one touch during the night expunged the remaining parasites within my body's cells. Hallelujah!

**Miracle #3 in 2020:** October 8 and 12, Fungal and infectious arthritis were gone! God also restored health to my small intestine, ridding it of parasites and bacteria. Praise the Lord!

The human body has more than 30 trillion cells within! We are so fearfully and wonderfully made...and He knows just what we need!

Receiving God's wisdom, healing and transforming power only requires that we believe without doubting. Only He is able to heal a body plagued with any deadly, harmful or incurable disease.

The Good News...the Lord eagerly awaits for us to call upon Him for help. He helped me and will help anyone who trusts and relies upon His Word. Many prayers went up on my behalf as I did my best with the knowledge and information available to me.

Though the enemy tried to take me out or disrupt God's plan and purpose for me, again, he's been defeated! With God on my side, I am on the right track...***with His stripes, I am healed!***

## MORE ABOUT URIC ACID

The body relies upon the liver and kidneys to excrete excess uric acid to normal levels so people can live without pain. However, when the organs fail to function properly, it poses disabling pain. When uric acid seems to be stuck in the body as with thickened blood, it will take more effort and a cleaner diet to assist. I continue to rely on God's help when these attacks occur.

For me, testing the blood for uric acid levels produced false negatives. So hospitals and private doctors never pursued that aspect for helping or healing my body with regard to gouty arthritis. This form of arthritis happens to be the worst of the 100 different types known to man. It's no wonder the doctors can only guess!

Apple cider vinegar assists the body with weight loss, reduces belly fat and alkalizes the blood, creating a healthier pH balance. Adding apples to one's diet proves helpful due to the malic acid found in apples.

Shelly Manning, author of *The End of Gout* is a woman whose name I found through reading an article about chronic gout wherein she wrote about one person who suffered for three years.

According to the person's testimony of getting free from gout, the author primarily focuses on gut health.

I've heard or read about the importance of gut health more than once. It is certainly worth pursuing. The benefits of improving our gut health will have a positive impact on our body and brain!

\* \* \* \* \*

## MORE ABOUT ARTHRITIS

As I mentioned on the previous page, 100 or so different types of arthritis are known to man. My body suffered not just one, but five!

God instantly delivered me from the most painful type of arthritis, gouty arthritis, in February. However, four more remained: poly, fungal, infectious and lyme. He eradicated all but lyme arthritis during October 2020.

Gout or *Gouty arthritis* as in my case, typically causes sudden and severe joint pain, often in the big toe. However, the ankle, knee and foot can also be affected. This is the most common type of inflammatory arthritis.

One doctor states the following on the internet from February 2, 2011: “*Lyme arthritis* occurs when the spirochete, the bacteria that causes the disease, invades the joints and causes inflammation to the tissue that lines the joints. If left untreated, this inflammatory response can cause the cartilage within the joints to become damaged.”

According to any doctor who treats people with Lyme related illnesses, it is the most difficult to treat. Spirochete is a bacteria and a type of parasite. But again I say, nothing is too difficult for God!

On my journey I found these bacteria: *Borrelia burgdorferi*, bacteria lipoprotein neurotoxins and mycotoxins in fighting the Lyme arthritis. One thing to remember if diagnosed with Lyme: it is accompanied by viral, fungal and parasitic co-infections.

Helpful herbs to fight Lyme-related maladies and their bacteria include:

Cryptolepis Sanguinolenta, Black Walnut,  
Artemisia, Una de gato, Chinese Skullcap,  
Japanese Knotweed and Cistus Incanus.

Though this list was found on the internet, I have used half of them with great success.

According to an internet search, Lyme disease along with bacteria and mycotoxins, is known to imitate quite a variety of infirmities. Symptoms can include those of chronic fatigue syndrome, fibromyalgia, Lou Gehrig's disease (ALS), Alzheimer's, depression, insomnia and autoimmune disorders such as Rheumatoid Arthritis (RA) and Multiple Sclerosis (MS).

Symptoms of ***Fungal arthritis*** include pain, warmth, redness and lost range of motion of the affected joint(s). The most commonly found affected joint is in the knee for this type of arthritis.

The second thing to remember about fungal arthritis is that it can be caused by Lyme since Lyme disease produces fungus, bacterial and viral co-infections.

Written by Bryony Weaver back in November 2017, *MedicalNewsToday* online offers more information on ***Poly arthritis***. This type of arthritis affects several joints within the body with pain and inflammation. The symptoms mimic rheumatoid arthritis and can include: pain, stiffness, a temperature exceeding 100.4 degrees, swelling or redness, a rash, a lack of energy, sweating, weight loss and a lack of appetite. Lifestyle can make a difference. I've had them all!

Symptoms of *Infectious arthritis* can include: chills, fatigue and/or weakness, fever, inability to move the pained or infected joint, severe pain upon movement, swelling and warmth.

This type of arthritis is typically produced by a viral infection. It is also known as septic arthritis.

It is quite apparent to me that symptoms of just these five types of arthritis are so similar, that getting an accurate diagnosis and treatment is definitely a guessing game for many doctors.

## SUMMARY

Naturally I continued to pursue answers for thick blood, kidney impairment, lung issues, brain challenges, blood clots and liver diseases. Since God has brought me so far through this journey once leading to an early demise, I refused to give up! God delivered me from all these maladies on February 16, 2020.

For any reader tempted to ask me about doctors, my searching felt endless. My unsuccessful attempts to find any one to listen well enough in order to help me propelled me to diagnose myself. I still want to believe that doctors are available to help people in similar situations. However, relying upon godly wisdom and direction, with my 25+ years of learning about herbs and infirmities as a health product distributor proved best.

With determination, and occasional frequency, I visited local health food stores, hoping for some guidance. I would be remiss for failing to mention the wisdom and insight from Miesse's Herbs in Ohio. Doctors and staff were available and offered answers when I felt stuck along my journey of healing.

My choice for herbs is one of high quality without fillers. The choice to avoid the often-tempting sales of natural products comes easy for me. Remember, choosing both organic food and health products will determine the outcome of one's health. I choose my supplements carefully and make the best food choices possible.

Western medicine offered no help, but we all must make our own choices. For me, trusting the Holy One living inside of me, how could I go wrong?

This booklet of information is my journey and personal discoveries or insight found along the way. Follow the right path for you... natural alternatives or allopathic. My help, healing and freedom came through diagnosing and treating myself with natural foods and products... and eventually relying and trusting in God. His miracles never cease!

Let's pray:

Father in Heaven, I come to You, the Great Physician. I desire to experience a radical touch for my body plagued with pain and infirmities. Please forgive me for failing to trust You in the past. I repent for my choices made before today. Reverse the damage done by any drugs I've consumed and damage caused by parasites and bacteria. I now believe that You can touch my mind and body, making me whole again. I want to be Your servant in Your Kingdom. Help me to trust You and Your living Word.

- In Jesus' name!



To declare or renew salvation:

Father, I know I'm a sinner and I seek Your forgiveness. I believe Jesus Christ is Your Son. I believe that He died for my sin and that You raised Him to live again. I want to trust Him as my Savior and follow Him as Lord, from this day forward. Guide my life, protect me with the Blood of Jesus so that I may do Your will. I pray this in the name of Jesus.

Amen

# BOOKS BY KATHLEEN SCHUBITZ

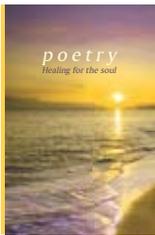


**New** **God's New Wine (Color)**  
**Poetic verses by Kathleen Schubitz**

Inspired by a prophetic word to a local body of Christ, the message is for all believers. Designed with color and appeal on every page! Also available in poster format. Paperback.

[Print book](#)

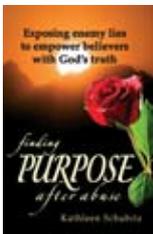
[Digital Color Download](#)



**New** **Poetry: Healing for the soul (Vol. 2)**  
Continuing the pursuit of truth and God's love, the poet shares her intimate moments of writing and inspiration. With a ready pen and heart, more verses are sure to touch the reader's heart. Paperback.

[Print book](#)

[Digital Color Download](#)

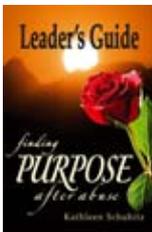


**Revised** **Finding Purpose after Abuse**  
Exposing enemy lies to empower believers with God's truth

The author motivates the readers to pursue truth in relationships both with people and God. As her story unfolds, she inspires wounded hearts to seek healing from the Creator of the Universe. She reveals her need to re-learn and exchange lies once believed to be truth, and her need to lean on and trust a loving heavenly Father. Paperback.

[Print book](#)

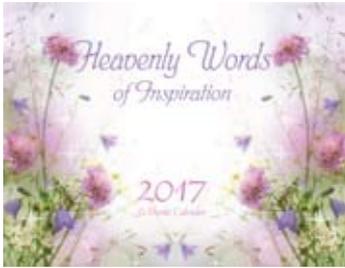
[Digital Download](#)



**New** **Leader's Guide**  
A companion to *Finding Purpose after Abuse*, intended for a 12-week Bible study course. Complete with questions and answers for assistance during the study.

[Print book](#)

# BOOKS BY KATHLEEN SCHUBITZ



New

## 2017 Calendar: Heavenly Words of Inspiration

Inspirational messages from Heaven, written from God's point of view. Each month is designed with an image and poem to bring encouragement. It makes a great gift for any believer!

ISBN: 978-1-937770-59-4 | Email request to [kathy@rpjandco.com](mailto:kathy@rpjandco.com)

---



## ...In His Presence (Color)

Inspirational poetry and prose with full color images on every page. From the author's personal experiences come messages of love, comfort and healing for the soul. The poetry gently leads readers into reflection and meditation. The book encourages each reader to pursue God, praising Him through all... whatever we choose to do ... let it be done in God's presence.

Digital  
Color Download

Print book

Updated Paperback - ISBN: 978-0-9819980-1-5  
Hardcover - ISBN: 978-1-937770-40-2

Print book

B/W Paperback:  
ISBN: 978-1-937770-42-6

Digital  
Download

---



## ...In His Presence 40-Day Journal (Color)

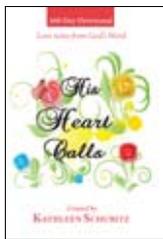
Full color images with personalized verses on every page to make the experience of journaling a pleasurable and memorable one! Complete with a One-Year Daily Bible Reading Schedule. Paperback.

ISBN: 978-1-937770-44-0 | [Print book](#)

---



# BOOKS BY KATHLEEN SCHUBITZ



## **His Heart Calls:** **Love notes from God's Word**

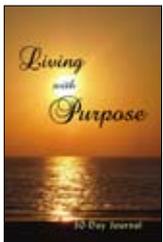
A daily devotional written in God's voice to draw readers into His Word, promising to deepen the relationship with Him. For those seeking a deeper walk and trust with the Lord, it becomes active, powerful and life-changing to every soul searching for truth and intimacy. Designed with eye appeal for reading enjoyment. Personalized for every reader. It makes a great gift that will never expire!

Color ebook  
KJV

Color ebook  
Contemporary

Updated Paperback - ISBN: 978-1-937770-16-7  
Color Hardcover - ISBN: 978-1-937770-41-9  
Contemporary Paperback - ISBN: 978-1-937770-24-2

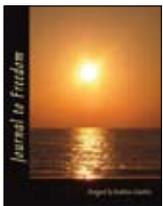
---



## **Living With Purpose 30-Day Journal (Color)**

Designed with full color images. Scripture verses included for reflection, quiet time and writing. 5.5 x 8.5

Color paperback - ISBN: 978-1-937770-49-5

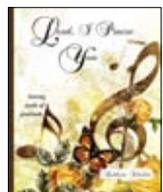


## **Journal to Freedom**

Every page is designed in color with a peaceful sunset and red rose to draw one into the presence of the Lord. Meditating upon His Word and truth of who we are in Christ will allow the Holy Spirit to pour out through the heart onto each page. 8.5 x 11

Color Paperback - ISBN: 978-0-9761122-6-6

---



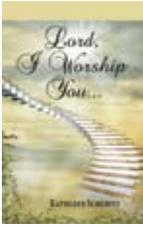
## **Lord, I Praise You...**

During times of quiet reflection with the Holy Spirit, Lord, I Praise You... is an interactive devotional. The book is designed to help believers focus on God's goodness and provision, despite life's challenges.

Paperback - ISBN: 978-1-937770-50-1

---

# BOOKS BY KATHLEEN SCHUBITZ



## Lord, I Worship You...

During times of intimate worship with the Holy Spirit, *Lord, I Worship You* is a poetic devotional to draw readers into a closer walk and relationship with Him.

ISBN: 978-1-937770-38-9

ISBN: 978-1-937770-37-2 (Color)

Digital  
Color Download



## Personal Poetic Promises from God's Word

A devotional of personal promises (126) written in free style poetry form to encourage readers any time of day. Designed with a flower border for reading enjoyment. Complete with scripture verses. The small pocket-sized book makes a great gift for any occasion.

ISBN: 978-1-937770-31-0

ISBN: 978-1-937770-39-6 (Color)

Digital  
Color Download



## Scripture Keys:

### Inspiring words for your journey

A great gift idea. A pocket companion of nearly 900 scripture verses to encourage every reader in a daily walk and meditation time through God's word. Two designs available from which to choose.

ISBN: 978-1-937770-46-4

(Rose, Color)

Digital  
Color Download



ISBN: 978-0-9761122-5-9 (Rose, B/W)

ISBN: 978-1-937770-34-1 (General audience)

KATHLEEN SCHUBITZ is an accomplished author, poet, speaker and business woman. God's spoken word from Romans 14:17 birthed RPJ & Company (Righteousness, Peace and Joy) in 2004, thereby establishing a Kingdom publishing business for God's people. As founder and president, her faith in God and desire to follow His leading compels her to pursue her own writing and publish books, devotionals, poetry, calendars, bookmarks, keepsake cards and marketing materials for leaders and Kingdom writers.

After growing up in the Midwestern United States, Kathleen presently resides in central Florida. Preparation for her calling comes from serving at Rotary International headquarters as production assistant for *The Rotarian* magazine. Having now become an inspirational writer, she lives a life of dedication to God, choosing to turn life's hardships into stepping stones for success. Pressing through an oppressive childhood, life-threatening abuse and sickness as an adult, Kathleen allows the Spirit of God to turn her tragedies into triumph and devastation into dedication. Victorious over her own hurtful situations, she now helps others discover truth to live a life of freedom.



A few of Kathleen's published works include the following: *Finding Purpose after Abuse*, *Scripture Keys*, *ABCs of Who I Am in Christ!*, *Personal Poetic Promises from God's Word*. Her prolific skills in writing, proof-editing, design and typography help new and experienced authors publish books and quality products with a spirit of excellence. To learn more about Kathleen Schubitz or publishing and related services by RPJ & Company, visit the website: [HisHeartCalls.com](http://HisHeartCalls.com).

*Are you suffering from  
an incurable disease?  
Have you received an  
incorrect diagnosis?  
Have you experienced  
drug poisoning?  
Freedom is possible.  
Healing is obtainable.*



*RPJ @ COMPANY, INC.*  
[www.rpjandco.com](http://www.rpjandco.com)  
Orlando, Florida, U.S.A.