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Introduction

Inspired by a simple message from several years ago, the Lord wants His children to be awakened with His simple truth... to choose ABCs of being set free from fear and bondage, and to live a life of freedom!

The women whose testimonies have been written to share with you are those who used to settle for less than God's best. Though they are all survivors of homelessness, drug addictions, physical and verbal abuse, deadly diseases and rape, their focus was based on their circumstances and therefore lived as **A**bused, **B**eatn and **C**ompromised women rather than on what God had called them to be. Because they survived many a tragedy and heartache, they thought that living for God was enough. They have since discovered that focusing on God's ABCs has significantly changed their thoughts, words, relationships and surroundings.

God desires that every woman be free. His heart breaks when women choose to live in bondage or in a prison of their own minds when they choose to dwell on past hurts and circumstances. He sent His Son to set every prisoner free!

May God bless you for taking the time to read and be inspired with simple testimonies of truth. May your heart be opened to God's way of thinking... to be the ABC woman He desires for you to be!

Our hope is that you will share these messages with women who are held captive in a prison. God desires that each prisoner be motivated to choose to live His way, no longer living in the prison that has them bound!

Accepted • Anointed • Appointed • Aspiring
 Beautiful • Beloved • Blessed • Blood-Washed
 Christ-Minded • Committed • Compassionate
 Confident • Conquering • Consecrated • Courageous
 Dignified • Discerning • Esteemed
 Faithful • Favor • Forgiven • Forgiving • Friendly
 Fruitful • Gentleness • God-chosen • Graceful
 Grateful • Happiness • Holy • Honorable • Hope
 Humbleness • Inspired • Integrity • Intercessor
 Intelligent • *The Lord is nigh*
 Long-suffering • *unto them that are* Meek • Merciful
 Noble • *of a broken heart;*
 Open-hearted • *and saveth such as be*
 Peaceful • Persevering • Praiseful • Precious
 Prosperous • *of a contrite spirit.*
 Protected • Provision • Purified
 Purposeful • Queen • Quiet • Redeemed • Respected
 Righteous • Royal • Sanctified • Saved • Secure
 Spirit-filled • Spirit-led • Strong • Submissive
 Successful • Teachable • Temperate • Tender-hearted
 Thankful • Thoughtful • Transformed • Trustworthy
 Truthful • Unconditionally Loved • Unified • Valor
 Valuable • Victorious • Virtuous • Wise
 Worshipful • Worthy • Yielded • Zealous

- Psalm 34:18

The ABC Woman finds... Salvation

Transformed from Drug User to Jesus Lover!

An extremely shy and introverted teenager; she daydreamed to escape the reality of alcohol, abuse and yelling at home. During the summer prior to school, her family moved north where life was lonely, empty, and isolated. School friends were far away through hilly, wooded roads that basically led to stand-alone houses in the woods, in the middle of nowhere.

She lived in a non-Christian home with many sisters and one brother. Sibling rivalry was avoided at every cost. When one of her siblings or mother made her angry, she went storming upstairs to her bedroom and slammed the door. She put her stereo on as loud as it would go, in an attempt to escape the real world. When that didn't work, she would go for long walks.

"Just wait," she thought. "As soon as I turn eighteen, I'm leaving. I'll find someone to take me in and let me live with them." She could hardly wait to leave the alcoholic and verbally abusive environment in which she lived. No one had a sense of God in the home or in school. Her father yelled and threw things when he was drunk. Also, the kids from school had sex, became pregnant and then got married. "I don't want to live like this," she thought. "There must be something better."