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Morning Assurance

*At the start of each new day,
as the sun begins to rise,
quietly I start to pray,
when morning light greets my eyes,
and as the dawn is breaking through,
God's loving light shines on me too.*

*The evidence of God is clear
as sunlight brightens up the sky,
I feel God's presence very near,
and give a small, contented sigh,
knowing whatever the day might bring,
God is with me through everything.*



Help Me to See

*Lord, help me to see
As I look around
Your presence with me
Waiting to be found.
Help me be aware
Of your gifts every day,
Seeking always to share
In some special way.
Give light to my eyes,
Put a smile on my face
As I recognize
The signs of your grace.
Lord, please guide my feet
To find my way through
Obstacles I may meet,
Showing me what to do.
Help me see good things
You've sent from above,
The blessings life brings,
The gift of your love.*

About the Author

Connie Arnold writes to inspire, encourage and uplift those who are experiencing difficulties in their lives. The author of *Beautiful Moments of Joy & Peace* and *Abiding Hope & Love*, and her new poetry book, *Abundant Comfort and Grace*, promises to be her best yet. Facing her own challenges since her diagnosis of Lupus in 1987, with this book she brings understanding, compassion, and empathy to her readers.

Connie lives in North Carolina with her husband Tom, and has two children and three grandsons. She has recently completed a children's book, *Animal Sounds Mix-up*, soon to be released.

Music was the instrument used by God to bring forth her gift of poetry. In addition to her writing, she is an accomplished musician and a volunteer for the Lupus Foundation of America.

Other samples of her work can be found at www.conniearnold.webs.com. To schedule a speaking engagement or book signing, please email: beautifulmomentsofjoyandpeace@yahoo.com.