

# LEADER'S GUIDE



*finding*  
**PURPOSE**  
*after abuse*

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## Introduction to Class Structure

This 12-week course is designed for use in a private bible study or specific home study group.

It is strongly recommended that each participant has a Bible. Leader may find the Life Recovery Bible helpful for this course. In addition to the Bible, each participant or student needs a copy of the book to read the corresponding chapters before each session.

By the end of this course, each participant will be better empowered to stand against enemy lies according to John 8:32, *Know the truth and the truth shall make you free.*

The initial class will begin with each participant introducing themselves and what they hope to walk away with from the course. We believe that more personal sharing may take place in a safe environment for those still struggling with abuse.

Each class thereafter will begin with:

- (a) Leader praying
- (b) Leader highlighting the material
- (c) Applicable bible scriptures (God speaking) along with group discussion
- (d) Personal reflection and self exam inventory.
- (e) Closing prayer or appropriate poem from the author.

At the end of the 12 class sessions, Leader can decide whether a “Door Closing Ceremony” will be appropriate. This may include but not be limited to Breaking Curses, Inner Healing, Severing Soul Ties, Forgiveness prayers for each student individually or as a group.

One way to put the past behind is to draw a line in the sand and declare, “It is Finished!”

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# Session ONE

## Introduction to Class Structure

Leader's Opening Prayer

Leader's Highlight points (Lecture):

*Pursue spiritual maturity and claim  
freedom in Christ*

Important Objectives:

- 1) Learn each other's name and get to know each other (close intimate group)
- 2) Share the structure of the class
- 3) Leader gives an overview of the book:

Empower believers:

- To live free from abuse
- To agree with God's Word
- To believe His truth
- To conquer enemy lies
- To divinely walk in health
- To effectively break soul ties
- To discover life with purpose
- To live victoriously
- To walk in love
- To overcome victimization
- To receive complete healing
- To enjoy a life of freedom

# Session TWO

## Searching for a Father's Love Sitting at Daddy's Feet

### **A. LEADER'S PRAYER**

Invite Holy Spirit

Read a poem from page 14, 21 or 108

### **B. LEADER'S HIGHLIGHTS (LECTURE):**

God's love will keep and protect us - page 28

I Am Complete in Christ! - page 111-115

Condemnation - page 117

### **C. BIBLE VERSES FOR GROUP DISCUSSION:**

*1 Jn. 3:1-3, Ps. 89:26, Rom. 12:2, Lk. 10:41, Matt. 6:15, Jn. 14:6, Jer. 1:5, Ex. 20:12, Lk. 22:42, Matt. 11:6, Ps. 56:11, Ps. 107:20, Ps. 32:1, Jn. 10:9, Rom. 8:39, Jn. 3:17, Ps. 34:18, Heb. 4:16, Ps. 121:1, 7, 1 Pe. 5:7, Jn. 15:11, Acts 26:16, Eph. 3:20, 1 Cor. 10:13, Zep. 3:17, Jas. 1:12, Heb. 4:15, Matt. 26:41, Phil. 4:7, Col. 3:15, Col. 4:12, 2 Cor. 5:17, 2 Tim. 3:11, 2 Pe. 2:9, Isa. 58:14, Rev. 3:21, Jn. 15:16, Jn. 14:13, Ps. 91:5, Ps. 37:23, 1 Sam. 17:45, SS. 2:6, 2 Chron. 1:11-12, Prov. 1:5, Eph. 6:12, Ps. 119:11, 1 Jn. 1:9, Rom. 8:1, 1 Jn. 3:20-21, Gal. 2:20, Prov. 16:3, Mk. 9:24, 2 Cor. 10:3-4, Gal. 5:17, 1 Jn. 4:4*

### **D. PERSONAL REFLECTION/QUESTIONS**

### **E. AFFIRMATIONS TO MEMORIZE (5)**

### **F. CLOSING PRAYER**

**Personal Reflection/Questions**

- 1) Why did God create man if he/she was not meant to meet all of our needs?

*In order that we would learn to rely on Him.*

- 2) Describe at least one event in life where the Lord could be seen working on behalf of you or someone else going through a troubling, devastating or potentially destructive situation.

*Preparation for a loved one's death  
Divorce, Rape or other assault  
Sickness that could have ended in death*

- 3) How do born-again Christians personally discover God's truth and love?

*Through reading the Word, believing His Word  
and being baptized, then pursuing the journey of  
living for Christ.*

- 4) What are ways we can begin to acknowledge that we live victoriously in Christ?

*By accepting God's Word as truth.  
By believing in the power of the Cross.*