

From the Author

This book originally began as a scriptural companion to my story of abuse, suffering, and finding freedom. Finding Purpose after Abuse, a tool of empowerment for every survivor and inspiration for all those seeking freedom from a past they'd like to forget, gives hope and inspiration for everyone desiring to be an overcomer. Every child of God can seek truth from God and learn to walk in freedom and victory. It is done with the help of the Lord and choosing to put the past behind and living life for Him every day.


As a reader I encourage you to pray these scriptures over your own life and loved ones until the realization begins to take root. Allow the living Word of God to reveal the true identity of who you are in Christ. Let the truth of God's word permeate deep into your soul until you know that you are His beloved.

Positive affirmations have been included along with each topic for creatively speaking over your own circumstances or life situations.

Enjoy your discovery!

God bless you abundantly!

Kathleen Schubitz



Ephesians 1:3 - “Blessed be the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessings in heavenly places in Christ.”

Body

My body is a temple of the Living God!

Matthew 6:22 - “The light of the body is the eye: if therefore thine eye be single, thy whole body shall be full of light.”

Matthew 10:28 - “And fear not them which kill the body, but are not able to kill the soul: but rather fear him which is able to destroy both soul and body in hell.”

Luke 12:22 - “And he said unto his disciples, Therefore I say unto you, Take no thought for your life, what ye shall eat; neither for the body, what ye shall put on.”

Romans 6:12 - “Let not sin therefore reign in your mortal body, that ye should obey it in the lusts thereof.”

Romans 8:13 - “For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.”

1 Corinthians 6:20 - “For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God’s.”

1 Timothy 4:8 - “For bodily exercise profiteth little: but godliness is profitable unto all things, having promise of the life that now is, and of that which is to come.”



Encouragement

Today, I will encourage myself in the Word!

1 Samuel 30:6 - "And David was greatly distressed; for the people spake of stoning him, because the soul of all the people was grieved, every man for his sons and for his daughters: but David encouraged himself in the LORD his God."

2 Chronicles 35:2 - "Thou art my hiding place; thou shalt preserve me from trouble; thou shalt compass me about with songs of deliverance. Selah."

Ezra 10:4 - "Arise; for this matter belongeth unto thee: we also will be with thee: be of good courage, and do it."

Romans 14:19 - "Let us therefore follow after the things which make for peace, and things wherewith one may edify another."

Ephesians 5:19 - "Speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord;"

1 Thessalonians 5:11 - "Wherefore comfort yourselves together, and edify one another, even as also ye do."

Enemies

I am triumphant over my enemies!

Exodus 23:23 - "For mine Angel shall go before thee, and bring thee in unto the Amorites, and the Hittites, and the Perizzites, and the Canaanites, the Hivites, and the Jebusites: and I will cut them off."

Worry

Worry does not profit me today!

Ecclesiastes 3:11 - "He hath made every thing beautiful in his time: also he hath set the world in their heart, so that no man can find out the work that God maketh from the beginning to the end."

Psalm 9:9 - "The LORD also will be a refuge for the oppressed, a refuge in times of trouble."

Psalm 9:13 - "Have mercy upon me, O LORD; consider my trouble which I suffer of them that hate me, thou that liftest me up from the gates of death:"

Psalm 27:5 - "For in the time of trouble he shall hide me in his pavilion: in the secret of his tabernacle shall he hide me; he shall set me up upon a rock."

Psalm 32:7 - "Thou art my hiding place; thou shalt preserve me from trouble; thou shalt compass me about with songs of deliverance. Selah."

Luke 10:41 - "And Jesus answered and said unto her, Martha, Martha, thou art careful and troubled about many things:"

Worship

I worship in God's presence!

Exodus 34:14 - "For thou shalt worship no other god: for the Lord, Whose name is Jealous, is a jealous God."

